





Exercising & Recovery
Using this grip strength trainer to work out
every day is beneficial to recover in hand
injury, rheumatoid arthritis, arthritis, carpal
turnel, tendovaginitis, fractured, broken
wrist, and tendon surgery.





## Portable and Convenient

Our hand grip strengthener forearm grip exerciser kit come with a convenient storage bag that you can take anywhere, you can have a grip strength tool everywhere you go



